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I have been involved in the field of paediatric endocrinology since 1976. In 1983 I completed six-month endocrinology training at the Vanderbilt University in Nashville (USA). I received Board certification in Endocrinology in 1996 and in Diabetes in 2011. In 2001 I received the scientific title and a position of full professor. Currently I work as professor emeritus of the Department of Paediatrics and Paediatric Endocrinology at the Medical University of Silesia. Since 1993 I am a member of Polish Society for Paediatric Endocrinology. From 2005 to 2009 I have been serving in the capacity of President of this Society. I am a member of ESPE since 1996 and I was appointed its POC member. I was also a POC member of EFES/ECE in Gothenburg, Istanbul and Glasgow, of the European Congress of Obesity in Geneva and ICE in Rio de Janeiro. I was an invited speaker of symposia, MTE and Pro and Cons sessions at several international meetings and workshops and also a lecturer at ESE Postgraduate Training Courses in Clinical Endocrinology. In 2010 I was nominated a Jury Member of EJE prize.

I am also active in the field of childhood obesity. Since 1992 I have been a member of the European Childhood Obesity Group (ECOG). Between 1997 and 2003 I was a Scientific Advisor of the board of ECOG. I was a partner in EU project "PERISCOPE" and "BOYS AND GIRLS". I was the founding fellow of SCOPE and EMA expert on Obesity in Children.

I published more than 250 papers in international and Polish peer-reviewed journals and several book chapters on paediatric endocrine disorders as well as childhood and adolescent obesity prevalence, complications and management.